



Eat These Books!

DiETING got you down? Check out one of these teen reads that shine a positive light on food.

Burger Wuss

by M.T. Anderson

YA ANDERSON

Hoping to lose his loser image, Anthony plans revenge on a bully which results in a war between two competing fast food restaurants, Burger Queen and O'Dermott's.

Kitchen Princess

by Natsumi Ando

YA ANDO (Manga)

Najika is a gifted cook and attends the prestigious Seika Academy cooking school. Her greatest rival is a popular teen model, Akane, who tries to drive Najika from the school by staging a cooking contest.

Hope Was Here

by Joan Bauer

JFIC BAUER

When sixteen-year-old Hope and the aunt who has raised her move from Brooklyn to Mulhoney, Wisconsin, to work as waitress and cook in the Welcome Stairways diner, they become involved with the diner owner's political campaign to oust the town's corrupt mayor.

Peeled

by Joan Bauer

YA BAUER

In an upstate New York farming community known for its apple orchards, high school reporter Hildy Biddle investigates a series of strange occurrences at a house rumored to be haunted.

Squashed

by Joan Bauer

JFIC BAUER

As a sixteen-year-old pursues her two goals--growing the biggest pumpkin in Iowa and losing twenty pounds herself--she strengthens her relationship with her father and meets a young man with interests similar to her own.

The Fortunes of Indigo Skye

by Deb Caletti

LP CALETTI

Eighteen-year-old Indigo is looking forward to becoming a full-time waitress after high school graduation, but her life is turned upside down by a large check given to her by a customer who appreciates that she cares enough to scold him about smoking.

Truth or Dairy

by Catherine Clark

YA CLARK

This is the journal of Courtney Von Dragen Smith: middle child, product of divorce, would-be vegetarian. Courtney vows to survive senior year on the anti-guy plan -- but can she really give up guys and focus on friends, school, and her job at the hip cafe Truth or Dairy?

The Truth About Forever

by Sarah Dessen

YA DESSEN

The summer following her father's death, Macy plans to work at the library and wait for her brainy boyfriend to return from camp, but instead she goes to work at a catering business where she makes new friends and finally faces her grief.

Confessions of a Triple Shot Betty

by Jody E. Gehrman

YA GEHRMAN

Sixteen-year-olds Geena, Hero, and Amber spend the summer working at a Sonoma, California coffee shop, where they experience romance, identity crises, and newfound friendships.

It's Raining Cupcakes

by Lisa Schroeder

JF/PBK SCHROEDER

Twelve-year-old Isabel dreams of seeing the world but has never left Oregon, and so when her best friend, Sophie, tells her of a baking contest whose winners travel to New York City, she eagerly enters despite concerns about her mother, who is opening a cupcake bakery. Includes recipes.

My Cup Runneth Over: the Life of Angelica Cookson-Potts

by Cherry Whytock

YA WHYTOCK

Believing she is too big, fourteen-year-old Angel tries dieting and kick-boxing to lose weight, but thanks to her friends and the school fashion show, she discovers that her size is just right. Includes recipes.

Dear Julia

by Amy Bronwen Zemser

YA ZEMSER

Shy sixteen-year-old Elaine has long dreamed of being the next Julia Child, to the dismay of her feminist mother, but when her first friend, the outrageous Lucida Sans, convinces Elaine to enter a cooking contest, anything could happen.